Scouting it out

Next year, Scouts to welcome Kaylee Cooper, other girls as part of national movement

From as far back as she can remember, sophomore Kaylee Cooper watched longingly as her older brother Kyle and her dad packed their supplies, loaded the car and headed out for a weekend of camping and skill building with Boy Scouts.

“Boy Scouts,” she said, “were always my dream.”

In April, Cooper learned that the Boy Scouts of America would be allowing girls to join the program. Cooper is thrilled. She signed up right away. This summer she will attend her first camp, preparing for the next year and the trip to Scouting National Jamboree in West Virginia.

“I am very excited about this opportunity,” Cooper said. “I always wanted to be a Boy Scout, and I am looking forward to learning more about the organization and making new friends.”

Cooper is one of several girls who will be joining the Boy Scouts of America in the next year, following the organization’s decision to allow girls to join the program. The decision was made in February 2019, and the first group of girls will be joining the program in the fall of 2019.

The program has been a popular one, with many girls expressing interest in joining. Cooper is excited to be a part of the program and looks forward to the opportunities it will provide.

“Our program is excited to welcome girls,” said Boy Scouts of America national executive director Faith Johnson. “We believe that the Boy Scouts of America can provide a unique and valuable experience for girls, and we are looking forward to seeing how they will contribute to our program.”

The decision to allow girls to join the program was met with some opposition, with some people concerned about the impact it would have on the program. However, the organization believes that the program can accommodate girls while still providing the same opportunities and experiences for all participants.

“While there may be some challenges associated with welcoming girls into the program,” Johnson said, “we are confident that we can create an inclusive environment that allows all participants to thrive.”

Cooper is looking forward to the trip to the Scouting National Jamboree and to the opportunity to learn new skills and make new friends. She is excited to be a part of the program and to see what opportunities it will provide.

continued on page 8

The time of their lives

Mrs. Flowers leads 7th graders on 30th trip through Texas Hill Country

As the wind blew across the rough pink surface of Enchanted Rock, 42 middle schoolers sat on top of what seemed like the world and marveled at the expansive Texas landscape last month as part of the annual 7th grade trip.

This year marks the 30th anniversary of the celebrated trip lead by science teacher Patty Flowers, a 40-year veteran of the school. The three-day trip taken every September since 1988 has been a tradition enjoyed by five generations of Vikings. Students travel all across the Hill Country from state parks to Fredericksburg to Mr. Gatti-Land — and its impact reaches back all 30 of these years.

It was great to bond with my new classmates,” said Anabelle Reese, who came to Vanguard from Waco Montessori. “I have made some new friends this year and got to know them better on this trip.”

The trip provides an educational experience with studies of history, geology and astronomy. Students get an up-close look at sedimentary rocks, learn about the Native American tribes throughout Texas, and gaze at the stars at night to find constellations.

The ancient granite dome that rises over the Hill Country outside Fredericksburg — Enchanted Rock — is a memorable site for many students who have taken the trip. There are many legends and stories about this place, but it also offers many lessons in science. “I loved climbing Enchanted Rock,” said Reese, 7th grade. “We learned a lot about the different elevations, the living organisms in the pond on the top and about topographical maps. It was also fun taking pictures acting like we were falling off the cliff.”

The large limestone slabs of Pedernales Falls in Johnson City are another scientific highlight of the trip. “Mrs. Flowers took us to several of the lookout points and taught us about the high flood rate there because it’s such a shallow river,” said Keeton Matthews, 7th grade. “It really helped me learn all the history and science facts we’ve learned while visiting different sites on the trip.”

Charles Fugate, 7th grade, said she enjoyed some of the history lessons along the way. “I learned a lot about World War II when we visited the [National Museum of the Pacific War] in Fredericksburg,” Livesay said. “We got to see canons and all sorts of military equipment.”

Learning about farm life at the Sauer-Beckmann Farmstead is something Michael T. McNamara agreed. “I got to know my friends a lot better,” he said. “It was nice to talk a lot more [while] out of our comfort zone.”

“With this opportunity to attain the rank of Eagle Scout,” said senior Susie Brown. “But now, girls like Cooper won’t have to stay behind.”

“I’m really sure how I feel about it,” said former Girl Scout and junior Susie Brown. “When I was younger, I felt a bit left out because I was the only girl in my grade so I would have liked it, but at this point in life, I can see how that could have problems.”

continued on page 8

Dreams on the horizon

New endowment campaign aims to raise funds for future

Since its foundation in 1973, Vanguard has strived to give students an excellent academic experience that will remain with them for the rest of their lives. From its rigorous academics and exceptional faculty to making long-lasting friendships and learning valuable life skills, students will certainly have plenty to recount after they secure their diplomas and step out into the world. But what about the students in the years to come?

The answer is Vanguard Horizons, a fun and engaging campaign that the school board and administration hope will have a profound impact on the school’s future and the next generation of students. The campaign’s goal is to raise $3,000,000 for the purpose of making the Vanguard experience better and brighter than ever.

“We hope that the Vanguard Foundation and its endowment will assure the continuation of the school for many years to come,” said Vanguard Foundation member Tom Flowers.

Mike Raymond, the Chair of the Board of Trustees, highlighted the motivation behind the Horizons campaign.

“We are excited to support Vanguard long after our children have graduated because we believe so deeply in the school’s values of trust, respect and responsibility,” he said. Raymond.

In September, the Vanguard Foundation hosted the Horizons dinner to celebrate the school’s 45th anniversary and to take the first step in building its future. Both Head of School Flowers and held the Horizons dinner to celebrate the values of rigor, respect and responsibility,” because we believe so deeply in the school’s guard long after our children have graduated behind the Horizons campaign.

Many of us continue to support Van- guard long after our children have graduated because we believe so deeply in the school’s values of trust, respect and responsibility,” said Raymond.

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continued on page 8

Student Spotlight: Ad Cooper

Athlete Spotlight: Rachel Merchant

Media at the Movies

Moments in the Making

Homework

Moments in the Making

Homework

2517 Mt. Carmel Dr., Waco, Texas 76710

All Things Possible

October 2018

Volume 46, Issue 1
Too much homework is main cause for stress

By: Reese's M&Ms

The amount of homework assigned to students at our school is ample and effective amount. Though it may be larger than some other schools in Waco, the amount of homework assigned to students is beneficial and should not truly hinder them.

In our lives, homework is an important part of school work. It helps students remember what they have learned, and also gives them the opportunity to learn new things. Homework also builds a myriad of helpful study habits. With a large workload, a simple plan, such as “just do all the homework,” simply does not work. Because of this, students are encouraged to plan their work. From these study strategies, good study habits form. We may learn to divide the work into smaller parts, pick up chunks and manage our time accordingly.

If we don’t, we can become overwhelmed by the pressures of the due dates and volume of work. Another problem that arises is over-committing to one assignment and not completing as much work as possible. But with the ability to partition the workload, students can manage the load and try to get it all done in one sitting. But when their workload is overwhelming, they may learn to divide the work into smaller parts. This helps students manage their time and complete the work.

The presidential alert on my phone this month made me feel...

16.4% Long
6.0% Scared
12.1% Scared
65.1% No Impact

Source: Vanguard student poll, October 2018

The Vanguard Review is published six times per year by journalism students at Vanguard College Preparatory School. Opinion page items represent the views of the individual contributor and not the views of the faculty, administration, or school board. The editorial board, comprised of newspaper staff members, determines by consensus the content of the unsigned staff editorial appearing regularly in the editorial page. Letters to the editor are accepted if necessary, they will be edited for length or libelous content.

Homework promotes retention and responsibility

By: guest columnist

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Adventures with AJ
funny . talkative . adventurous .

VR: Who is AJ Cooper?
AC: I am talkative, so my dad gave me the nickname: “Sir Talk-A-Lot.”

VR: What is your favorite thing to do?
AC: I like playing football, golf and Fortnite.

VR: What is your favorite movie?
AC: Napoleon Dynamite. I like the shirt that he wears: “Vote for Pedro.” I want to get one.

VR: If you could eat one meal for the rest of your life, what would it be?
AC: Vegetables. Most of my family is vegan, but I am not yet. My favorite vegetable is probably celery; you don’t steam it or cook it but just eat it raw.

VR: What do you fear most?
AC: I am afraid of being alone. For example, if I go to Six Flags, and I am alone on a ride by myself, I don’t like it.

VR: What do you consider your greatest accomplishment?
AC: Eating a 1.9 pound bag of Sour Patch Kids. My brother did it with me. Afterwards, I still felt hungry.

VR: If you were on a deserted island and could have one person, real or fictional, to accompany you, who would you choose and why?
AC: One of my friends, because they’re good to talk to. Probably Austin Clarke, Addy Morris or Jack Kemper. They are funny when you talk to them.

VR: What are the best qualities of a friend?
AC: They are able to listen, give advice, and care about what you have to say.

VR: Where would you like to go someday?
AC: Australia. My mom’s been, and I want to go to the Outback. I have this video game, Forza Horizon 3, and it’s based in Australia. You get a whole bunch of different cars and can drive around with your friends. It’s fun! I’ve been working on my Australian accent.

VR: What causes are you passionate about?
AC: Recycling, and I want people to recycle more.

VR: Who inspires you?
AC: My dad. He bought a real estate company a few years ago and later opened up Duck Brothers.

VR: How would you like people to think of you?
AC: Caring, because when you care about others, they will care for you in return.

Interview and photo by Emma Lowe
Moments

From science experiments and choir concerts to sporting events and just hanging out, Vikings make the most of every moment

Stories and photos by Review staff

READY, SET, TIME
Conceptual physics students Aidon Butler and Henry Liang explore velocity and acceleration with ramps and toy cars.

“What I enjoy most about the class are the interesting tangent questions the students have about physics,” said science teacher Jill Garcia. “We may start with kinematic equations, but the students will have questions about machines, efficiency, and all sorts of other cool topics. It gives them a chance to ponder the world and where we came from. That lets me know they’re really thinking about the topics.”

“I’m hoping they understand the cause and effects of how the world works. That even the simplest mechanism or movement has so many integrative parts and seeing the world as a giant machine or organism provides a unique perspective to school and higher education.” — e. coleman

VOICES UNITED
The newly-formed choir sings their hearts out in front of an audience in downtown Waco during the cultural arts festival on Oct. 6. They performed the songs Shalom, Shenandoah, Old Joe Clark and Dream Keeper.

“All of the pieces have good memories attached to them, Langston’s soulful lower octave in Yonder Come and a rendition of Dream Keeper,” said Senior Abby Deputy. “But my favorite piece was Shenandoah, because it was fun to sing.”

They have been practicing from the beginning and they will continue to impress their audiences.

Vanguard has made a comeback, said Katie James, choir teacher.

“There were several students who mentioned wanting to sing in choir, so the administration decided to go for it,” Deputy said. “It made me happy that more people can be aware of the fact that a choir exists at Vanguard.”

Deputy agreed.

“Deputy agreed. It made me happy that more people can be aware of the fact that a choir exists at Vanguard.” Deputy said.
**VOICES UNITED**

The newly-formed choir sings their hearts out with strong, harmonious voices in front of an audience in downtown at the Waco Cultural Arts Festival on Oct. 6. They performed the songs: Yonder Come Day, Shalom, Shenandoah, Old Joe Clark and Dream Keeper.

"All of the pieces have good memories attached to them, like Langston's soulful lower octave in Yonder Come Day and Anna's jazz rendition of Dream Keeper," said Senior Abby Deputy, "but my favorite piece was Shenandoah, because I enjoyed the melody, and it was fun to sing." They have been practicing from the beginning of the school year, and they will continue to impress their audiences wherever they may go.

Vanguard has not had a choir since about 25 years ago, but it has finally made a comeback, said Katie James, choir teacher. "There were several students who mentioned wanting to sing in choir, so the administration decided to go for it," she said. "We love to sing and have found through singing that it lifts one's spirit and engages the whole self." Deputy agreed. "It made me happy that more people can be aware of the fact that a choir exists at Vanguard," Deputy said.

— e. lowe

**MEALS AND MEMORIES**

Friendship can be one of the most enjoyable facets of high school. Students' social circles can determine their high school experiences, and middle school students are off to a great start. Here, a group of 7th graders enjoy their food on a sunny day outside Bostick.

"At lunch, I love to talk with my friends while I am eating my food," said Juliet Indergard, 7th grader. Taniya Degrate, a fellow 7th grader, agrees with Indergard and has her own point of view to share. "The thing I like best about eating lunch is the conversations we have," said Degrate. "They always leave me with tears. Not from sadness, but from laughing so much."

— e. watson

**POWER UP**

Putting her body into it, 8th grader Sophia Serr gives Eagle Christian Academy everything she’s got on Sept. 10 at home.

"I try not to think too much when I serve," Serr said. "The times when I think too much, I end up missing. Too much focus can be a bad thing because you can freak out."

Serr has been playing volleyball since the 3rd grade, but said she’s not planning to try and play at the college level.

"I just like how team-oriented volleyball is," she said, "and I like working with and communicating with the other players. We’ve had a few disappointing losses this season, but also some really nice wins. Overall, we got along really well and had fun."

— m. chaparro
Halloween treats this year?
Why not buck the trend and make your own treats with family and friends, and it’s much more penny-wise to make your own treats instead of buying pricey candy and treats, will be here before you know it. And American consumers are predicted to spend anywhere close to $2.6 billion on candy this Halloween, according to the National Retail Federation.

Try These Delicious Halloween Treats at Your Next Party

Halloween Popcorn Balls

Ingredients
- ⅛ cup light corn syrup
- ¼ cup of margarine
- 2 tbsp cold water
- 2 ½ cups confectioners’ sugar
- ½ cup M&Ms (preferably brown and orange)
- 1 cup marshmallows
- 5 quarts plain pre-popped popcorn
- Candy corn (⅓ cup)

Directions
1. First, get out a medium-sized saucepan and pour in the water, sugar, corn syrup, margarine and marshmallows. Next, cook the mixture over high heat until the mixture reaches a boil. Then, grease a large mixing bowl with butter and place the popcorn in the bowl. Quickly and generously, pour the mixture over the popcorn in the bowl. When the mixture is cool enough to handle, grease hands with butter, and form into 3-4 inch balls. If you like, you can garnish with candy corn and M&Ms. Let the popcorn balls cool and sit until dry. Dig in!

Pumpkin Pretzels

Ingredients
- Mini pretzels
- ½ cup white or orange candy melts
- ½ tsp of coconut oil (shortening works, too)
- Orange food coloring (if using white candy melts)
- Green plain chocolate M&Ms

Directions
1. Once you have all of the ingredients, measure ⅛ of the candy melts. Next, put those candy melts in a medium sized bowl and add just a bit of water in the bowl (⅛ cup recommended). Put that bowl in the microwave for however long the package says to (normally a minute at a time). While the candies are in the microwave, take out a cooking sheet to put the dipped pretzels on. After the candies are melted, stir them up. Then take your pretzels and start dipping them in mixture. Make sure to do this quickly so that the candy mixture doesn’t harden. After the pretzels are dipped, place them on the sheet. Before your pretzels are completely dry, get out your (green) M&Ms and start placing them on the top of the pretzel to look like a stem. Now enjoy your pumpkin pretzels!

A Lesson in Her-Story

Another female superhero will be added to Marvel as Captain Marvel will be coming to theatres on March 8, 2019. It will be the first female-led superhero movie in Marvels Studio. Captain Marvel will get in an out-of-this-world battle as she gets caught in the middle of a galactic war between two alien races. She finally earns all the credit she is due and her name changes from Miss Marvel to Captain Marvel, putting her in the spotlight after being neglected for so long.

One Hit Wonder

Wonder Woman 1984 is sure to be a “wondrous” movie featuring Wonder Woman as the main character throughout an intense fight with her nemesis Cheetah. This movie takes place during the Cold War of the 1980s where she finds an enemy who possesses a cheetah-like form. Wonder Woman will strike theatres November 1, 2019. Fans can expect nothing less than a fierce fight for sure.

Look for Marly’s movie previews and entertainment reviews each month in the Review. Want Marly’s take on a certain movie or series? Email her at marlene_chaparro@vanguard.org.
Rallying with Rachel

Senior athlete Rachel Merchant shares her thoughts on volleyball

VR: How many years have you been doing sports?
RM: Since fourth grade.. A long time.

VR: What is your favorite sport out of everything you have played?
RM: Volleyball is my favorite sport.

VR: What other sports have you played?
RM: I have played volleyball, basketball, softball, and did some track but I hated it.

VR: What is your favorite part about volleyball?
RM: My favorite part is just having fun with my team on and off the court.

VR: What motivates you to play sports?
RM: Just like them and like being part of something. I like my team and the bus rides and stuff like that.

VR: What is your go-to snack after practice or games?
RM: Whatever I have at home that is gluten free.. Although sometimes I like to go to In n Out after games, that is if I do go somewhere.

VR: What song gets you pumped up for games?
RM: Lil Wayne’s new album, “Carter V”, gets me the most hype.

VR: Is sleep important to you - and why? How much sleep do you get each night?
RM: No. Sleep is for the weak. Either way, I’m always tired. I get 6-7 hours at most every night.

VR: Soccer season is coming up. Is that something you would be interested in playing?
RM: Maybe. I’ll either play soccer or basketball, or neither.

VR: How do you calm yourself before big games?
RM: I don’t need to calm down. I just show up to play no matter who the opponent is. High school sports aren’t that big of a deal and I just wish some people would remember that. There is no reason to freak out. Just have fun.

VR: How do you and your teammates make practice fun?
RM: We try not to be too serious. There’s always going to be somebody solely focused on winning. And I don’t want to sound cheesy or anything but I think high school sports should be about having fun. And for me at least, winning comes hand in hand with that. When I have fun I play my best.

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Emily Colaman / Review staff
The announcement has created some controversy and raised many questions. How will this change the Boy Scouts? Is it really a good idea to have both boys and girls in one organization?

"I feel a little awkward about girls joining Boy Scouts," said Boy Scout and senior Niklas Larson. "I do, however, see that some of the greatest Boy Scout leaders are women, such as Mrs. Ella Morrison."

Ellie Morrison was elected National Commissioner for Boy Scouts of America in May and has assisted countless local boys in navigating the path of Boy Scouts for over a decade.

But Matthew Holzer, a senior and Eagle Scout, expressed his concern over how the structure of the organization will change with the introduction of girls into the troops.

"I feel that it is overall a very poor decision," he said. "There are programs for both boys and girls separately, and even some together. The integration of girls into Boy Scouts presents only problems for everyone involved."

Specifically, Holzer expressed his concern over how the addition of girls will affect the dynamics of the troops. He says that girls and boys interact with each other very differently, and he is unsure as to how combining both genders will change the atmosphere of the troops.

Then, of course, one must consider how this decision will affect the Girl Scouts - an organization into a completely different program.

Hanna Bruno, a Public Relations Executive for Girl Scouts, told the Vanguard Review how Girl Scouts is responding to the change.

"The benefits of a single-gender environment set both girls and boys up for success in all areas of their lives, because it's important that adolescents have a safe space to try new things, fail and try again," said Bruno. "This is the experience we will continue offering to our girls, as Girl Scouts has no plan to shift to a co-ed organization."

Holzer says he thinks the Boy Scouts decision will ultimately hurt both organizations.

"Girl Scouts is fantastic as they are rapidly losing people," he said. "While Boy Scouts […] may see a temporary boost, in the long run, you will see fewer and fewer boys joining."

Evam Morrison, the Cub Master of Waco's Pack 308, supports the change, but understands both sides of the issue.

"I can see both sides," he said. "Lots of people don’t like change and think the program was just fine for boys only. I understand that Lord Baden Powell, the founder of Scouts, set the program to educate and influence young boys to be better men. But lots has changed in our society since 1910 when he started."

Morrison added that the integration of girls into the Boy Scouts will be in part only. "Boys and girls will be in different units with different activities, only the curriculum will be the same. I think it’s important to let them do their own thing," he said.

Students interested in joining Boy Scouts, Troop 308 can find out more at the First United Methodist Church, 4901 Collis Drive, in Waco on Tuesday evenings. Alternatively, students interested in joining Girl Scouts, please visit the Girl Scouts of Central Texas Website for registration forms and information.

The School opened in the 70s. ‘We’re easily into the second generation of kids and getting very close to the third generation of kids,’ said Tom Matthews, the school’s principal.

"It makes me feel very special that I got to go to the 30th class trip," McNamara said. "I am so happy that Mrs. Flowers is still taking us."

Though there have been some adjustments to the trip over the years, Flowers said the core parts of the 7th grade trip have endured over time.

"Some things have changed since the very first trips," she said. "We used to take lots of cars and SUVs, rather than a bus. We no longer search for minerals near Llano, nor do we go on the Vanishing Texas River Cruise. And sometimes ‘plan B’ or ‘plan C’ have had to come into effect based on the weather. Plan B and C are made up as we go."

By hosting annual events and obtaining donations through estate planning, the Foundation hopes to fulfill dreams for the future - including improvements to the Swanson Athletic Complex and campus development, such as a performing arts complex and a boarding school.

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"These are simply initial visionary ideas for the school," said Boz. "We’re looking long-term to figure out what the school needs and what would be some of the things that we would put in place to help us to continue what we think we do very well, which is to prepare [students] for [their] futures."